Special Olympics Maryland Requirements for Participation

www.soharford.org

Athlete

*Special Olympics forms completed by parent/guardian and the medical portion completed and signed by a physician *Communicable disease waiver must be signed

Volunteer

- *Volunteer Application
- *Protective Behavior training(minors under age 18 must also complete "Student/Minor Volunteer References")
- * Communicable Disease Waiver

Unified Partner/Sport volunteer

- *Volunteer Application
- *Protective Behavior training (minors under age 18 must also complete "Student/Minor Volunteer References") *Communicable Disease Waiver

Coach

- *Volunteer Application
- *Protective Behavior training
- *Concussion training
- Sudden Cardiac Awareness flyer given at the beginning of each season/please review website below
- *Communicable Disease Waiver
- **Coaching Special Olympics Athlete (CSOA) training
- **Sport Specific training

Coach UNIFIED Teams

- *Volunteer Application
- *Protective Behavior training
- *Concussion training
- Sudden Cardiac Awareness ~ flyer given at beginning of every season/please review website below
- *Communicable Disease Waiver
- **Coaching unified sports online course via NFHS or in person training conducted by a certified trainer
- **Sport Specific training

* Update every 3 years

** Both CSOA and sport specific are needed for initial certification. One or the other must be renewed every 3 years.

Notes:

- Medical applications and volunteer applications go to either Nancy Schmidt (<u>newtnts@yahoo.com</u>) or Pat Neary (<u>patricia.neary@comcast.net</u>) depending on the sport
- Protective Behavior online training completion certificate goes directly to SOMD. Link to the training is: <u>https://www.somd.org/volunteer/protectivebehaviors/</u>
- Recommended link for concussion training is: <u>www.cdc.gov/headsup/youthsports/training</u> The course is free. Create a PDF certificate on completion and email to <u>coaches@somd.org</u> for credit.
- Coaching Special Olympics Athlete training can be taken as an online self-paced course through American Sport Education Program (ASEP), <u>www.asep.com</u> Cost is \$16.95 which must be paid up front. Upon completion submit the receipt from ASEP and the email verifying successful completion to <u>coaches@somd.org</u> for reimbursement and course credit.
- Coaching unified sports online course is available at https://nfhslearn.com/courses/61127/coaching-unified-sports. This is a free course and you must submit successful completion to coaches@somd.org for credit.
- SUDDEN Cardiac Awareness <u>https://www.nhlbi.nih.gov/health-topics/sudden-cardiac-arrest</u>
- Be sure to keep records/copies of all courses taken!! <u>We can NOT STRESS THIS ENOUGH!!</u>